

# OUR LADY OF THE ANNUNCIATION PARISH MOUNT ROYAL, QUEBEC



## LITURGICAL SCHEDULE

### **Sunday Mass:**

Saturday (vigil)	5:00 pm
Sunday	9:00 am 11:00 am

### **Weekday Mass:**

Tuesday	8:30 am
Wednesday	4:00 pm
Thursday & Friday	8:30 am

**Reconciliation:** Saturday 4:30-4:45 pm;  
Sunday 9:30-9:45 am, or anytime on request.

## BAPTISM

Please call to make an appointment.

## MARRIAGE

Please contact the parish before setting the wedding date.

## VISITING THE SICK

Please contact Fr. Robert if you or a family member is homebound or in the hospital. He will gladly visit.

## CONTACT INFORMATION

**Pastor:** Father Robert Clark

**Email:** [fr\\_robertclark@hotmail.com](mailto:fr_robertclark@hotmail.com)

**Secretary:** Mary Ohanessian

**Telephone:** 514-738-1080

**Email:** [info@annunciationparish.ca](mailto:info@annunciationparish.ca)

**Parish Catechetical Leader:**

Mary Ohanessian

**Email:** [faithed@annunciationparish.ca](mailto:faithed@annunciationparish.ca)

**Office Hours:** Please see inside for details

**Office Entrance:** 1125 Alexander Road

**Mailing Address:** 75 Roosevelt Ave.,  
Mont-Royal, QC H3R 2G9

**Website:** [www.annunciationparish.ca](http://www.annunciationparish.ca)

**Music Director:** Lavrenti Djintcharadze

## Wardens:

2020: Fiore Egiziano, John T. Sullivan;

2021: John Issa, Kurt Reckziegel;

2022: Karolina Weclas, Lori-Ann Zemanovich.

Jesus is truly a king because he has a kingdom, but his kingdom is not of this world. Some people like to dominate others, abuse their power, and manipulate others. However, this way of being has no place in Jesus' kingdom. Those with power can unfortunately abuse their power in so many ways, but Jesus is totally powerless on the cross; he cannot even save himself, "He saved others, let him save himself if he is the Christ of God." (Luke 23:35) The values in Jesus' kingdom are service and humility. If we want to be great we must be like children (Luke 18:17). We are to carry our cross after Jesus every day (Luke 14:27).

Father Robert

### MASSES THIS WEEKEND

Masses have filled again this weekend! Thank you for your trust and for ensuring that we continue to witness to our faith. If you are not comfortable coming to Mass in person because of Covid, please continue to stream online or watch on television, and pray the Act of Spiritual Communion.

You may have noticed that our **WEEKLY CONTRIBUTIONS** have dropped over the last few months. We are very grateful for your contributions that we have received so far, either in person, through the mail or our PayPal account. All donations are tax deductible. Remember: individual donations are our main source of income. The Diocese does not subsidize the parish, nor does the government or any other organization. Our doors stay open for worship because of your donations.

If you know of someone who would like to receive our **WEEKLY EMAILS**, please have them call or email the office to be added to our email list. **OFFICE HOURS NEXT WEEK: FRIDAY 9 am to 3 pm.**



**COVID-CARE GROCERY SHOP PROGRAM:** The pandemic has unfortunately limited our gathering opportunities to come together as a Parish family but has also caused most of our elderly parishioners to be isolated and confined to home. As the winter approaches, our elderly and those with disabilities and predisposing conditions prohibiting public mobility, will find themselves even more isolated and in need of support. We have gathered a small team of Annunciation Parish volunteers to help those in need and take care of their grocery shopping needs. All you need to do is email your grocery list and one of our volunteers will be dispatched to the task! If you are in need of this service or wish to be a volunteer, please contact Lori-Ann at [loriannzemanovich@hotmail.com](mailto:loriannzemanovich@hotmail.com).

**ELECTION OF WARDENS ON SUNDAY, DECEMBER 13TH AT 12:15 PM** in the church proper, a meeting of parishioners will be held for the purpose of electing two Church Wardens. To be eligible to be nominated as a Church Warden, the person must be 18 years or older, a Roman Catholic and living in boundaries of the parish. Fiore Egiziano is up for re-election; John Sullivan's second term is expiring. We thank him for his six years of service to the community. Nominations, duly proposed and seconded, will be accepted at the meeting.

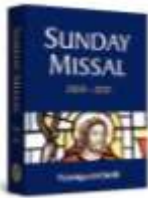
Please note: due to covid-19 governmental restrictions, we are limited to 25 participants including candidates and Father Robert. To reserve your spot or propose a nominee, please contact the office. Spaces are granted on a first come, first served basis. Thank you for your understanding.

### AN ACT OF SPIRITUAL COMMUNION

My Jesus,  
I believe that You are present in the Most Holy  
Sacrament.  
I love You above all things,  
and I desire to receive You into my soul.  
Since I cannot at this moment receive You sacramentally,  
come at least spiritually into my heart.  
I embrace You as if You were already there  
and unite myself wholly to You.  
Never permit me to be separated from You.  
  
Amen.







**SUNDAY MISSAL 2021:** The new liturgical year begins November 29<sup>th</sup>. We are selling copies of the Sunday Missal for \$5 for you to take home, as covid restrictions prevent us from leaving the missals in the pews, as we are accustomed to. You can purchase a copy from Wayne as you enter the church for Mass or call the office to make arrangements. **Please write your name** on your copy so that we can return it to you if you leave it behind.

During the month of November, **THE BOOK OF LIFE** will be displayed near the icon of Mary. **LAST WEEK TO ADD NAMES.** Unfortunately, because of Covid restrictions, we ask you not to add the names of your beloved dead directly into the book but to call or email the parish with additions you would like made. Thank you for your understanding and cooperation.



**REVAMPED ANGEL TREE:** Because of the pandemic, the Father Dowd home cannot accept individuals gifts as they usually do. Their residents, however, have a great need of socks, either non-skid or warm pairs. If you can afford more than one pair, they need warm pairs 2 to 1 over non-skid. Starting next weekend, and continuing throughout Advent, please drop your new pairs of socks in the boxes in front of the Angel tree, near the icon of Mary. Thank you for your generosity.



## Follow the Star

AN ADVENT PROGRAM FOR FAMILIES  
presented by creative coaches Isabel and Marinella



Sessions held online via Zoom  
Saturdays from 2:30 to 4pm  
November 28 and December 5, 12 and 19

REGISTER by November 25  
[tinyurl.com/jobel-star](https://tinyurl.com/jobel-star)  
\$10 per family (via PayPal)

### MORE INFO

[centredmvf@diocesemontreal.org](mailto:centredmvf@diocesemontreal.org)  
514 925-4300, ext. 287

Follow the star of  
your creativity and nourish  
your family relationships  
as you prepare for Advent  
during this time of pandemic.

Ideal for families  
with children ages  
6 and older.

**Advent is coming!** Let's prepare as a family for the coming of God, who was born into a family!  
Follow the Star will present theatre and art-based exercises to develop a playful environment in your home that promotes faith, hope, love, joy and peace.  
Build resilience, strengthen relationships and experience the loving presence of Christ. At the end of the program each family will create an Advent calendar.

**NO ARTISTIC EXPERIENCE  
REQUIRED!**

#Followthestar

### #FOLLOW THE STAR ; A CREATIVE PROGRAM FOR FAMILIES DURING

**ADVENT** Building Hope, Love, Joy, and Peace in your Home!

Follow the star of your creativity and nourish your family relationships in this time of pandemic. Ideal for families with children ages 6 and up. Advent is coming and we prepare ourselves for the coming of God who was born into a family: let's prepare as a family!. Through theatre and art-based exercises, we will accompany you in developing a playful environment in your homes that promotes faith, hope, love, joy and peace. Family members will build resilience in these challenging times, strengthen their relationships, and experience the loving presence of Christ. Don't hesitate and register now! At the end of the program each family will create an advent calendar. No artistic experience is required. For more information,

please contact the Centre at [centredmvf@diocesemontreal.org](mailto:centredmvf@diocesemontreal.org) or 514 925-4300, ext. 287 or register [here](#) by November 25<sup>th</sup>.

### Holy Father's Prayer Intention for November

#### Artificial Intelligence

We pray that the progress of robotics and artificial intelligence may always serve humankind.

## CHILDREN'S FAITH EDUCATION (CFE) UPDATE:

**CONGRATULATIONS!** Alex, Marcus, Kaitlyn, Jazmin, Adamo, Kayla and Angelo are ready to receive their First Communion! A great big thank you to Mr. Marco and all the parents and children who made the Zoom catechism classes a priority.

If you have a child in grade one to six, they should be enrolled in our **Faith Education program**. If you are new to the program, please visit our website or call/email the parish for more details.

Keep checking the [CFE BLOG](#) – below or online - weekly for prayer, music, and activity suggestions to bring Jesus into our daily routine in concrete ways. Linda would love some feedback so that she can tailor her blog to suit our parish family needs.



**SANCTUARY LAMP:** The Sanctuary Lamp signals the Presence of the Lord Jesus in the Tabernacle and burns for seven days. Have the Sanctuary Lamp memorialized in the name of a sick person, a deceased loved one, or a special intention for a donation of \$20. The amount is eligible for a tax receipt. Please contact the office to arrange a memorial for the Sanctuary Lamp. This week the lamp burns in memory of John Hugh Whalen, as requested by Jennie Baluch.



## Mass Intentions



### **Saturday November 21, 2020 – Christ the King**

5:00 pm Patsy Rochon

*Teresa Rochon*

### **Sunday November 22, 2020 – Christ the King**

9:00 am Pro Populo

11:00 am Evelyn McMenamin

*The Estate*

### **Tuesday November 24, 2020 – St. Andrew Dung-Lac & Companions**

8:30 am Hugh Whalen

*Virginia St-Cyr*

### **Wednesday November 25, 2020**

4:00 pm the Coleman and McMenamin families

*the Estate*

### **Thursday November 26, 2020**

8:30 am Evelyn McMenamin

*the Estate*

### **Friday November 27, 2020**

8:30 am the Coleman and McMenamin families

*the Estate*

## **PRAYERS:**

**For the sick:** the Beaugard family, Jean-Pierre Belair, Mike Callard, André and Marie Coupal, Chuck Lawton, Nona Moussa, Marchita Obregon, Patricia Paul, Hilda Rejwan, Jacques Viau, Marina Zogalis.

**For vocations** “He will separate the sheep from the goats.” To be a shepherd is to tend the flock of the Lord, teaching them to hear His voice. Have courage to follow wherever He leads. (Matthew 25:31-33) If you feel that God is calling you to the priesthood, please contact the Diocesan Vocations Office at 514-903-6200.

**STEWARDSHIP:** Our collection last week was for \$725. Thank you for your offerings in support of our parish as a place of Christian worship, instruction and mission.

“...whatever you did for one of the least of my brothers, you did for me.”  
– Matthew 25:40

Most of us are generous when it's convenient for us. We are generous when we have the time or the money. But, generosity is the opposite of that. It means giving of one's time, money, compassion, forgiveness or mercy when it's not convenient; when it's not on our schedule, but on the other person's schedule.

## **On a lighter note:**

What kind of exercise do  
lazy people do?  
Diddly-squats.





# THE CFE BLOG...

*A place where families grow, live and walk  
by faith in JESUS!*

Great Lord  
& is the GREATLY to  
be PRAISED Psalm 48:1

**Verse of the day for November 22, 2020**

**Thoughts on Today's Verse...** today's verse describes the greatness of God and His worthiness to be praised. Chris Tomlin describes it so well in his song "How Great is Our God". Have a listen!  
<https://youtu.be/cKLQ1td3MbE>

My Prayer...



Heavenly Father,  
We thank You for this Scripture in Psalm 48. We thank You that we can rejoice because You are our God. We pray for peace and healing. We pray Your will be done on this earth as it is in heaven. Help us to share the Gospel with the world. In Jesus' name, we pray. Amen.



## Song of the Week...

This week's featured song story comes to us from Micah Tyler. He reminds us that in all the darkness we may be facing, God's mercy makes things new each day no matter what, we just need to begin each day with a grateful heart. Happy to share with you this beautiful song and the story behind "New Today."

*"New Today" is probably the most personal song that I've ever written. But I'm learning that the more personal my songs are...a lot of times it becomes more personal for you. We were walking through the effects of Hurricane Harvey on our home and also my brother who was in the middle of battling stage four colon cancer. It was in the weakest of moments where I just said, 'God, I know your word says that your mercies are made new, but I need You to remind my heart of the truth behind that.' He did...one day at a time. Maybe you've been in a season like me recently, where that darkness just kinda feels like it's going to hang out there forever. But as soon as the sun breaks the horizon and lights everything up, we're reminded of the newness of a new day. Hopefully this song will be something that encourages you in that way, and reminds you that God's mercies are made new TODAY." – Micah Tyler*  
<https://youtu.be/7yZf1nd1d50>

## Gospel Story of the Week

This is the last Sunday of Year A, simply a Sunday to think about Jesus as the King, the ultimate power of the universe. Today's texts invite us to praise and serve Jesus, the King who chooses to be a shepherd. Jesus tells us about the kind of person who will be welcome in his kingdom. Read the story below. Can you remember what they did to make Jesus happy? This group of people fed Jesus when he was hungry, gave him a drink when he was thirsty. They welcomed him when he was a stranger and lonely, they gave him clothes when he didn't have any. They visited him when he was sick and in prison. But how do they feel and what do they say when they hear all this? They are very surprised and they ask Jesus when it was that they did all



these things. What does Jesus answer? He says, "when you did this to the least of my brothers or sisters, you did it to me." What do you think this means? We are all God's children. We are all brothers and sisters – members of one big global family. And Jesus is saying that he is in each one of us. And so, every time we help someone else, every time we treat someone kindly, welcome them or share with them, then we are doing this to Jesus. Can you think of a time when you have done one of these things? When have you given food to someone hungry or a drink to someone thirsty? When have you welcomed someone or given someone in need some clothes? When have you visited someone who is sick? Or can you think of a time when someone has shared with, welcomed or cared for you? How did you feel? This week, let's all try to remember that Jesus is in every person and to treat people as Jesus wants us to. Let's try to help those who are hungry, thirsty, lonely and sick.

What will you do this week to help them?

## Whatever you do to others...

Jesus is a fair king. In today's Gospel reading, He tells us how He will judge people at the end of time. Those who were good to God will be saved, and those who were not good to Him will be condemned. Whoever is good to others is good to God, and whoever is unkind to others is unkind to God.



Our Lord cares so much about His people that He will judge us according to how we treat each other. Jesus is the Good Shepherd and the King, and He cares about every one of us specially. Imagine a king who came to see every one of his subjects to make sure that they were doing okay. Well, Jesus does more than that- He died for us on the cross! He looks after us all the time, and He says that anyone who is unkind to us will be judged as being unkind to Him.

Christ the King is the just judge. How do you think you will be judged when you die, or at the end of time? Are you kind to others? Do you ever think about how you would treat Jesus if He were here? Do you treat other people the way you would treat Jesus?



Answers to front page: 1 myself will pasture them. 2 you gave me food. 3 you gave me drink. 4 you welcomed me. 5 you clothed me. 6 you visited me. 7 you visited me.

[www.thekidsbulletin.com](http://www.thekidsbulletin.com)

## The Kids' Bulletin

*Feast of Christ the King  
November 22nd, 2020*



A E F H I L M P R S T U W Y  
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What does God say about His people in the first reading?  
Use the code to find out some of what He said.

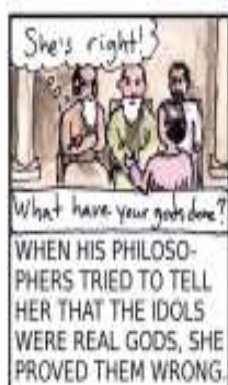
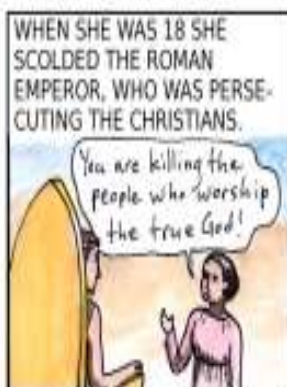
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# Saint Catherine of Alexandria

## November 25



WHAT WE KNOW ABOUT SAINT CATHERINE OF ALEXANDRIA HAS BEEN PASSED DOWN THROUGH MANY STORIES, SO IT MAY BE A BIT DIFFERENT THAN WHAT REALLY HAPPENED. STILL, SHE IS A GOOD EXAMPLE TO US OF STANDING UP FOR THE TRUTH IN THE FACE OF DANGER. WE SHOULD ALL LEARN TO DEFEND THE TRUTH.

*thekidsbulletin@gmail.com*

# Gospel Match-Up

In today's Gospel reading, Our Lord tells the people how they will be judged. What did the righteous people do when they found people in need?

See if you can match up the needs on the left with the help on the right!

- |                        |                      |
|------------------------|----------------------|
| 1. I was hungry and •  | • you welcomed me,   |
| 2. I was thirsty and • | • you clothed me,    |
| 3. a stranger and •    | • you gave me drink, |
| 4. naked and •         | • you cared for me,  |
| 5. ill and •           | • you visited me,    |
| 6. in prison and •     | • you gave me food,  |



## Family Focus of the Week

We have all kinds of important reasons to pray. They are unlimited. We have the most powerful God to pray to. We can pray anywhere and anytime. If we pray to anyone else, the prayer is futile. We know this and God knows it too.

He is the God of heaven, the universe and all things. Do we realize the power we have available to us when we take our authority in prayer? If we did, we would be praying in Jesus' name more. There would be no such thing as doubt, fear, or anxiety because we would be on our faces before God, storming the heavenly realms in battle with the darkness and evil forces in our world. In [Matthew 18:18-20](#), Jesus tells us about the power of prayer when he said,

*"Truly, I say to you, whatever you bind on earth shall be bound in heaven, and whatever you lose on earth shall be lost in heaven. Again I say to you, if two of you agree on earth about anything they ask, it will be done for them by my Father in heaven. For where two or three are gathered in my name, there am I among them."*

There is power in the name of Jesus, there is power in prayer, when two or more are gathered in his name, he is there!!! Check out this article on how we can teach our children to give importance to prayer...<https://www.focusonthefamily.com/parenting/teaching-kids-to-pray/>



## Things to do and places you can go this coming season...



<https://www.noelmontreal.ca/en-ca/home/>

[illuminated-christmas-village-is-coming-back-this-year](#)



Here are some fun things to do as a family to make dealing with COVID-19 a little more hopeful and whimsical. You can now visit **ILLUMI** by car!!!

Reserve your visit online and let the *LIGHTS* do the rest! <https://www.illumi.com/en/>



Christmas shopping? Decorating ornaments? Looking for that special, personalized gift from the heart? Get inspired! Ceramic Cafe is the one stop shop for all your crafty holiday projects. The best part is that you can do it all from home as a family...great fun for the kids! Check out their website and start creating! <https://leccs.com/en/>





**Canada - Christianbook.com** It's never too early to start thinking about the holidays. Everything Christian, anytime, all the time! Save at [The Family Christian Bookstore - Christianbook.com](http://TheFamilyChristianBookstore-Christianbook.com) Fast Shipping. Low Prices. Excellent Value. Christmas Sale. See This Week's Specials. Shop Promotions Now. Types: Bibles, Gifts, Homeschool, Church Supplies.



## **FYI ... The Hallmark Channel**

Looking for some family Christmas movies? The Hallmark channel has already begun their countdown to Christmas. Get the Hallmark Channel schedule, enter sweepstakes, celebrate Christmas, and find original Hallmark movies, series and so much more family stuff! <https://www.hallmarkchannel.com/>

## **Resources For Couples, Parents & Families**

At *Focus on the Family Canada*, families are equipped with practical advice grounded in Biblical truths so they can thrive. When families are strong, they leave a valuable imprint on society for generations to come. *Focus on the Family* is committed to helping Canadians nurture, protect and invest in their families so they can thrive, even in the messy brokenness of our world.

<https://www.focusonthefamily.ca>



**Contemporary Christian Music** radio stations are listener-supported ministries to be a Biblical, Christ-centered communications and educational ministry dedicated to reaching people and igniting transformation within by affirming faith, inspiring hope and equipping each person to live an intentional life in Christ.

The vision is to see individuals, families, churches and nations of the world transformed – as evidenced by individuals living an intentional life in Christ.

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<https://www.theintentionallife.com>



Pure Flix is an Evangelical Christian film production and distribution studio founded by David A. R. White and Russell Wolfe, inspired by Netflix. Pure Flix produces Christian films, including *God's Not Dead*, *Do You Believe?*, *Woodlawn*, *The Case for Christ*, and *Unplanned*. Positive entertainment that changes lives, inspires hearts, and lifts the spirit.

Premium streaming with no ads or interruptions.

<https://www.pureflix.com>

That's it for this week!!! Stay tuned for the *CFE Blog* in the weekly church bulletin. Please provide feedback, questions, suggestions or comments at [info@annunciationparish.com](mailto:info@annunciationparish.com).

In faith,  
Lynda M.



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